

The Comprehensive Stroke Research Center



**Diagnostic Techniques:  
an Overview of CSC Imaging Arsenal**

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Stroke, Cerebrovasc Dis, Intl J Stroke  
Director, Neurosonology Examination  
American Society of Neuroimaging  
Board Member  
SVIN, ICAVL, ASN  
Inventor, US Patent # 6733450  
Chairman, Scientific Advisory Board, Cerevast  
Therapeutics, Inc.

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**Evaluation of a Stroke Patient**

**H&P    Head CT    ECG, blood work-up**

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**CTA, MRA, CDUS, TCD**

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**Pathogenic mechanism specific Rx  
Invasive Angiography**

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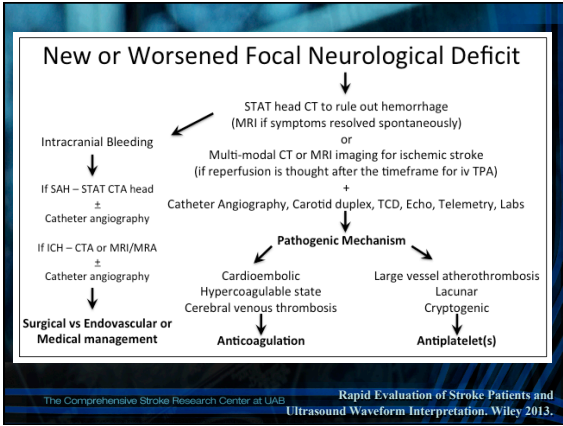
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- ### TJC Requirements and Brain Attack Coalition Guidelines for Comprehensive Centers:
- Key Personnel –
    - Neurologists
    - Neurosurgeons
    - Vascular Surgeons
    - Intensivists (Neuro-Critical Care Specialists)
  - Advanced Practice Nurses (Masters or Doctoral degree)
    - Endovascular Specialists
    - Ultrasound Technicians
  - Physical Medicine/Rehabilitation Physicians & Therapists
    - Endovascular Treatment –
      - Angioplasty/Stents
      - Coil embolization
    - Intra-arterial lytic and mechanical clot retrieval/disruption
  - Expanded Neuroradiology Capabilities –
    - MRI/MRA/DWI
    - CT Angiography
    - Digital Angiography
    - Echocardiography (TTE/TEE)
    - Carotid and Transcranial Doppler
    - Stroke Unit & ICU
    - Rehabilitation Program
  - Formal Patient and Staff Education
  - Stroke Registry with Outcomes/Process Tracking

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### Revision of Time Differential TIA vs Stroke

All patients enrolled into the NINDS rt-PA Stroke Study had disabling neurological deficits persisting for at least 1 hour.

Twenty-four hours after the onset of stroke, only 2 percent of the patients given placebo had no neurologic deficit, as measured by the NIHSS.

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NEJM 1995;333:1581-1587.

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## Definition and Evaluation of Transient Ischemic Attack A Scientific Statement for Healthcare Professionals From the American Heart Association/American Stroke Association Stroke Council; Council on Cardiovascular Surgery and Anesthesia; Council on Cardiovascular Radiology and Intervention; Council on Cardiovascular Nursing; and the Interdisciplinary Council on Peripheral Vascular Disease

The American Academy of Neurology affirms the value of this statement as an educational tool for neurologists.

J. Donald Easton, MD, FAHA, Chair; Jeffrey L. Saver, MD, FAHA, Vice-Chair; Gregory W. Albers, MD; Mark J. Alberts, MD, FAHA; Seemant Chaturvedi, MD, FAHA, FAAN; Edward Feldmann, MD, FAHA; Thomas S. Hatsukami, MD; Randall T. Higashida, MD, FAHA; S. Claiborne Johnston, MD, PhD; Chelsea S. Kidwell, MD, FAHA; Helmi L. Lutsep, MD; Elaine Miller, DNS, RN, CRRN, FAHA; Ralph L. Sacco, MD, MS, FAAN, FAHA

**Abstract**—This scientific statement is intended for use by physicians and allied health personnel caring for patients with transient ischemic attacks. Formal evidence review included a structured literature search of Medline from 1990 to June 2007 and data synthesis employing evidence tables, meta-analyses, and pooled analysis of individual patient-level data. The review supported endorsement of the following, tissue-based definition of transient ischemic attack (TIA): a transient episode of neurological dysfunction caused by focal brain, spinal cord, or retinal ischemia, without acute infarction. Patients with TIAs are at high risk of early stroke, and their risk may be stratified by clinical scale, vessel imaging, and diffusion magnetic resonance imaging. Diagnostic recommendations include: TIA patients should undergo neuroimaging evaluation within 24 hours of symptom onset, preferably with magnetic resonance imaging, including diffusion sequences; noninvasive imaging of the cervical vessels should be performed and noninvasive imaging of intracranial vessels is reasonable; electrocardiography should occur as soon as possible after TIA and prolonged cardiac monitoring and echocardiography are reasonable in patients in whom the vascular etiology is not yet identified; routine blood tests are reasonable; and it is reasonable to hospitalize patients with TIA if they present within 72 hours and have an ABCD<sup>2</sup> score ≥3, indicating high risk of early recurrence, or the evaluation cannot be rapidly completed on an outpatient basis. (*Stroke*. 2009;40:2276-2293.)

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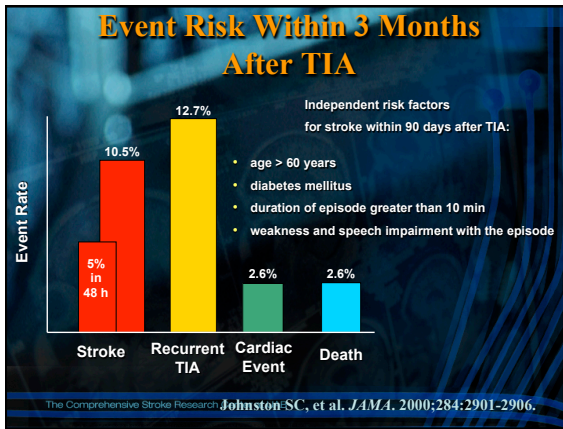
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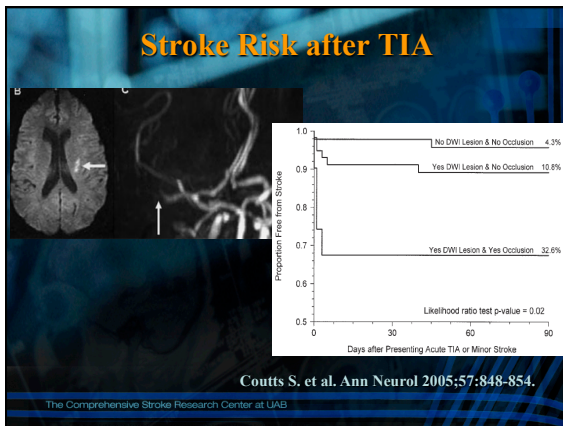
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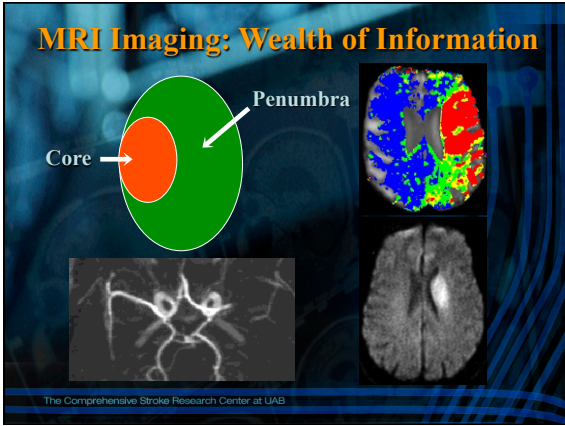
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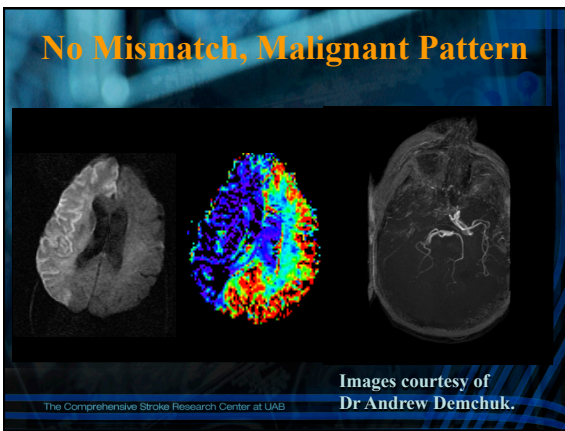
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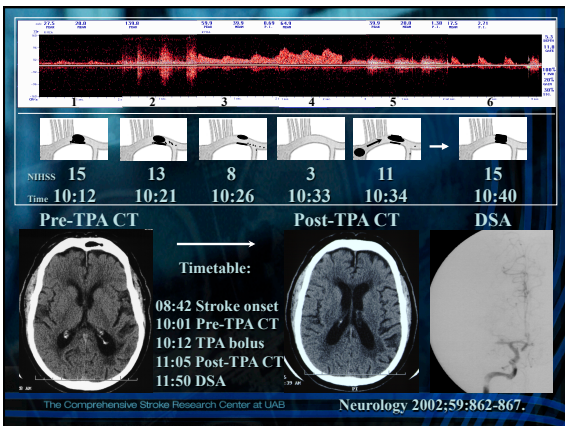
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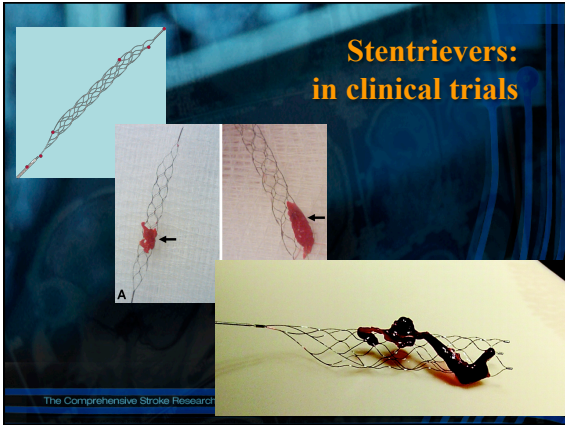
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**Neurovascular Examination**

NIHSS is sensitive to clot presence but not to its location  
 Low NIHSS and TIA are not a guarantee that vessels are open

- Focused neurological exam
- Clinical localization-driven
- Rapid targeted ultrasound
- Intra- and extracranial
- Functional tests and
- Monitoring if needed
- Bedside

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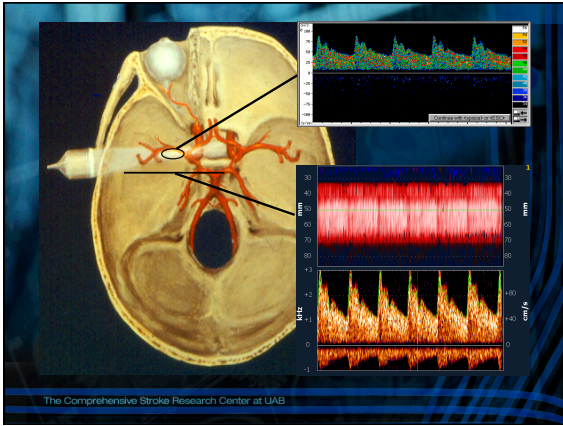
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### US Spectrum of Information

- Extracranial lesion localization/stenosis grading
- Downstream hemodynamic changes: collaterals
- Emboli detection: localization and quantification
- Right-to-left shunt testing
- Intracranial stenoses
- Vasomotor reactivity
- Recanalization, reocclusion, hypo- & hyperperfusion
- Vasospasm detection, grading and monitoring
- Arterial steals

**Neurovascular Examination**  
 Rapid Evaluation of Stroke Patients and  
 Ultrasound Waveform Interpretation, Wiley (in press).

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### Practice Standards for Transcranial Doppler Ultrasound: Part I—Test Performance

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| <p>Andrei V. Alexandrov, MD, RVT<br/>         Michael A. Sloan, MD<br/>         Lawrence K.S. Wong, MD<br/>         Colleen Douville, RVT<br/>         Alexander Y. Razumovsky, PhD<br/>         Walter J. Koroshetz, MD<br/>         Manfred Kaps, MD<br/>         Charles H. Tegeler, MD<br/>         for the American Society<br/>         of Neuroimaging Practice<br/>         Guidelines Committee</p> | <p>J Neuroimaging 2007;17:11-18.</p> |
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## Clinical Applications of TCD: Type, Strength of Evidence

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|------------------------------------|-----------------------|
| 1. Sickle Cell Anemia              | A, I-II               |
| 2. Subarachnoid Hemorrhage         | A, I-II               |
| 3. Ischemic Stroke/TIA             |                       |
| 1. Intracranial stenosis-occlusion | B, II-III             |
| 2. Vasomotor reactivity testing    | B, II-III             |
| 3. Monitoring thrombolysis         | B, II-III             |
| 4. Cerebral circulatory arrest     | A, II                 |
| 5. Detection of right-left shunts  | A, II                 |
| 6. Monitoring CEA / CABG           | B, II-III/B-C, II-III |
| 7. Headache, Venous Thrombosis     | Doubtful              |

The Comprehensive Stroke Research Center at UAB      Sloan M, et al. *Neurology* 2004;62:1468-81.  
Babikian VL, et al. *J Neuroimaging* 2000;10:101-115.

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### Practice Standards for Transcranial Doppler (TCD) Ultrasound. Part II. Clinical Indications and Expected Outcomes

Andrei V. Alexandrov, Michael A. Sloan, Charles H. Tegeler, David N. Newell, Alan Lumsden, Zsolt Garami, Christopher R. Levy, Lawrence K.S. Wong, Colleen Douville, Manfred Kaps, Georgios Tsivgoulis; for the American Society of Neuroimaging Practice Guidelines Committee

From the Comprehensive Stroke Center, University of Alabama at Birmingham, Birmingham, AL, USA; GT; Comprehensive Stroke Center, University of South Florida, Tampa, FL, USA; Stroke Program, Wake Forest University Medical Center, Winston-Salem, NC, USA; Department of Neurosurgery, Swedish Hospital, Seattle, WA, USA; CDC, Department of Cardiac Thoracic Surgery, Cornell University and The Methodist Hospital Houston, TX, USA; 200; Hunter Stroke Service, Hunter New England Area Health Service, New South Wales, Australia (GRL); Division of Neurology, Chinese University of Hong Kong, Hong Kong, China (LKW); Department of Neurology, University of Guelph, Guelph, Ontario (MKS); Department of Neurology, Democritus University of Thrace, Alexandroupolis, Greece (GT).

**ABSTRACT**  
Transcranial Doppler (TCD) is a physiological ultrasound test with established safety and efficacy. Although imaging devices may be used to depict intracranial flow superimposed on structural visualization, the end-result provided by imaging duplex or monitoring TCD is sampling physiological flow variables through the spectral waveform assessment. Clinical indications considered by this multidisciplinary panel of experts as established are: stroke-risk-assessment, cerebral ischemia, detection of right-to-left shunts (RLS), subarachnoid hemorrhage, brain death, and periprocedural or surgical monitoring. The following TCD-procedures are performed in routine in- and outpatient clinical practice: complete or partial TCD-examination to detect normal, stenosed, or occluded intracranial vessels, collaterals to locate an arterial obstruction and refine carotid-duplex or noninvasive angiographic findings; vasomotor-reactivity testing to identify high-risk patients for first-ever or recurrent stroke; emboli detection to detect, localize, and quantify cerebral embolization in real time; RLS-detection in patients with suspected paradoxical embolism or those considered for shunt closure; monitoring of thrombolysis to facilitate recanalization and detect recanalization; monitoring of endovascular stenting, carotid endarterectomy, and cardiac-surgery to detect perioperative embolism, thrombosis, hypo- and hyperperfusion. By defining the scope of practice, these standards will assist referring and reporting physicians and third parties involved in the process of requesting, evaluating, and acting upon TCD results.

**Keywords:** TCD, indications, applications and outcomes.  
**Acceptance:** Received May 23, 2010, and in revised form July 05, 2010. Accepted for publication July 15, 2010.  
**Correspondence:** Address correspondence to Dr. Andrei V. Alexandrov, Comprehensive Stroke Center Neurology, The University of Alabama at Birmingham, Birmingham, AL 35249-3280. E-mail: avalexandrov@uab.edu  
*J Neuroimaging* 2010;XX:1-10.  
DOI: 10.1111/j.1552-8509.2010.00523.x

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**A 16 year old girl had a sudden onset of left sided weakness. Normal CT scan done at 2.5 hr. TPA given at 3 hours, transferred to a level 1 hospital, and improvement noted en route.**

**Risk factors: smoking, birth-control pill**

**NIHSS 4 points upon arrival**

**Dx: ?**

**Prognosis: ?**

The Comprehensive Stroke Research Center at UAB      Noser E, et al. *Child Neurology* 2001;16:286-288.

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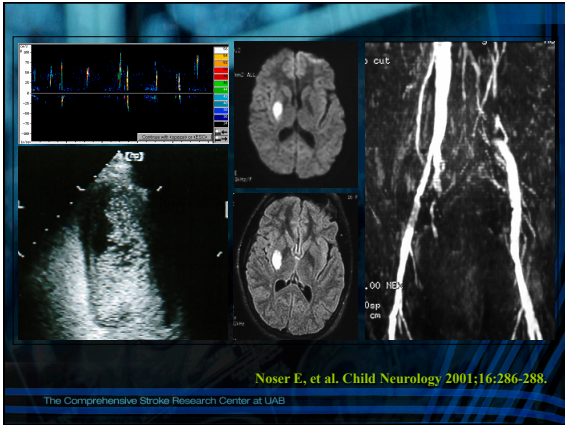
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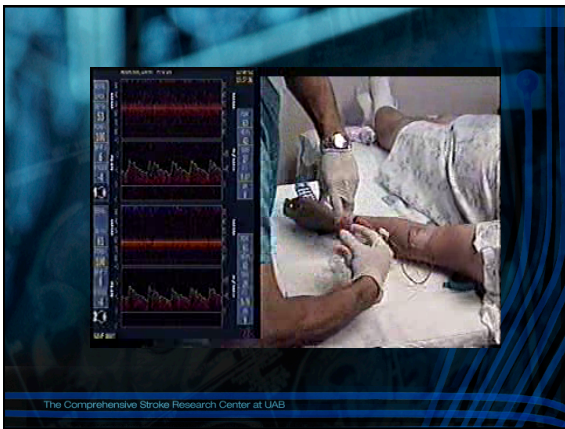
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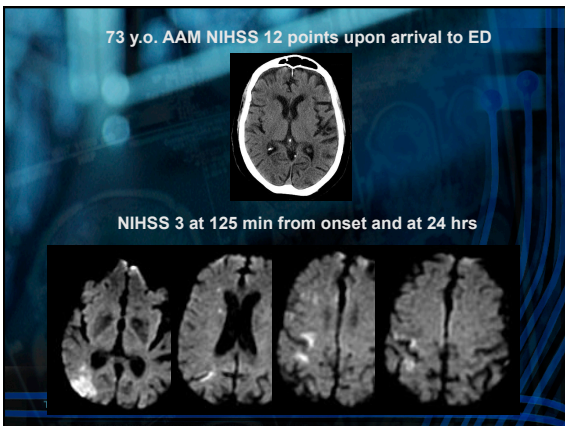
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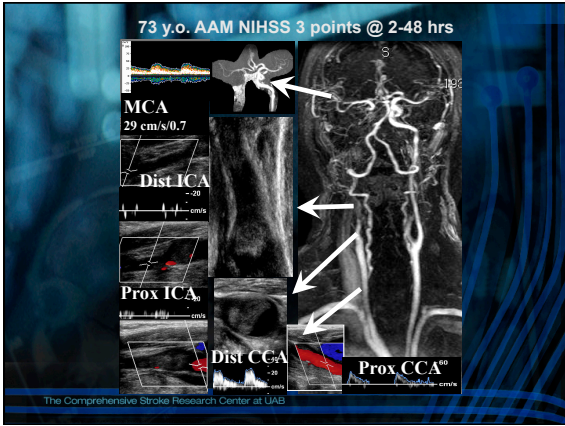
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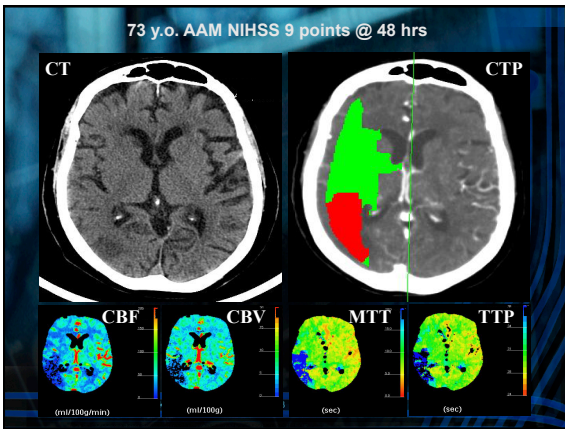
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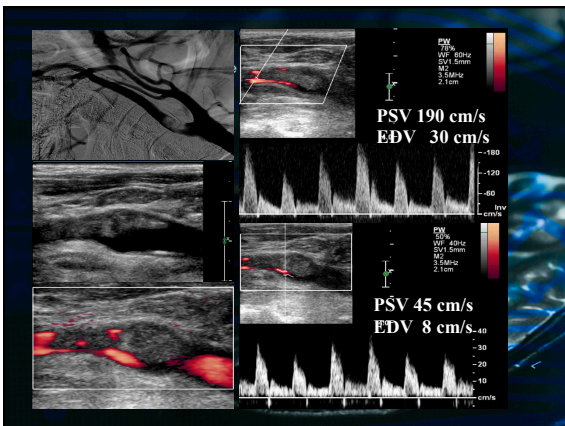
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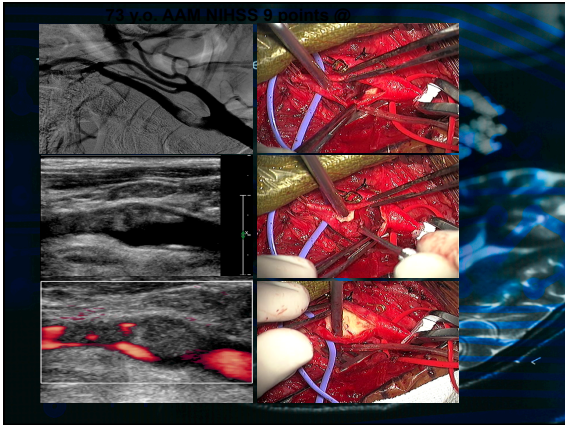
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