Novel Imaging of ICAD



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imaging of ICAD

- plaque may cause deformation of the arterial lumen (stenosis), yet many other features and mechanisms
- imaging evaluation of ICAD beyond stenosis:
 - characterization of plaque architecture
 - detailed anatomy of luminal contour
 - flow measures across diseased arterial segments
 - , downstream microemboli
 - territorial perfusion abnormalities and dynamic response
- noninvasive modalities TCD and multimodal CT or MRI for both anatomic and functional detail of such lesions



imaging of ICAD

- novel approaches to measure flow across these lesions with fractional flow techniques and computational fluid dynamics (CFD) may be used to select only the highest risk patients that require invasive angiography
- perfusion angiography and CFD post-processing techniques may also be used on conventional angiography to ascertain risk of subsequent ischemia



atherosclerosis, not just stenosis

- physical properties, length, architecture, surface irregularity, diffuse disease, tandem disease
- % stenosis is a poor descriptor of intracranial atherosclerosis, not accounting for complexity of lesions and diffuse disease

$$\mathrm{Q}{=}\pi\Delta\mathrm{Pr}^4/8\mathrm{L}\eta$$







MRI of ICAD





Intracranial arterial wall imaging using high-resolution 3-tesla contrast-enhanced MRI R. H. Swartz, S. S. Bhuta, R. I. Farb, et al. Neurology 2009;72;627

luminal contour





myriad mechanisms

recurrent stroke risk predicated on mechanisms

- decreased flow due to arterial narrowing
- impaired tissue perfusion
- plaque instability with perforator occlusion and/or distal embolism



Patient A (left) has low QMRA volumetric flow rate (28 mL/min) with impaired angiographic collaterals (ASITN grade 2), and partial angiographic perfusion (TICI grade 2B). Patient B (right) has normal QMRA flow (75 mL/min), complete angiographic perfusion (TICI grade 3), normal vasomotor reactivity (BHI 1.0), but 2 embolic signals were detected distal to the stenosis (1 ES noted by arrow).



fractional flow







fractional flow

- large, randomized trials established FFR for lesion-specific ischemia
- fractional flow measures proven:
 - enhance clinical decision-making
 - improve event-free survival
 - reduce unnecessary revascularization
 - Iowers costs
- FAME, FAME II, DeFACTO

anatomical luminal stenosis replaced by hemodynamics



TOF-MRA SIR predicts stroke

SONIA-WASID analyses

- analyses included clinical variables, SIR, and invasive angiography measures (luminal stenosis, TICI score of antegrade flow, collateral grade) to identify predictors of stroke in the territory
- 189 patients with 50-99% symptomatic IAD had TOF-MRA available
- univariate analysis, the hazard ratio (HR) for SIT of the symptomatic artery with SIR<0.9 (SIR below median) was 5.2 (1.8, 15.3; p=0.001) as compared to SIR≥0.9
- multivariate analysis correcting for baseline blood pressure, LDL, percent stenosis, recency of symptoms, TICI and downstream collaterals, the HR for SIR<0.9 was 10.9 (2.0, 58.9; p=0.001)
- only collaterals also had a significant independent association with stroke risk, HR 13.8 (3.4, 55.5; p<0.001)
- in patients with <70% stenosis, a SIR<0.9 maintained a significant association with recurrent SIT (p=0.006), with a 2-year event rate of 17.3%, showing that even moderate stenoses can pose substantial ischemic risk





SAMMPRIS CFD

- 407 patients with 70-99% symptomatic stenosis DSA, biplanar views available for 3D reconstruction in 249, and CFD simulations in 188 (25 VA, 45 BA, 32 ICA, 86 MCA)
- under simulated normal inflow conditions (120/80 mm Hg), only 76/188 (40%) cases had low FF
- during simulated hypertension, FF improved to normal in 10/188 (5%) cases
- simulated hypotension caused FF to worsen from normal in 12/188 (6%) cases
- other hemodynamic parameters including shear stress calculated and visually depicted





CFD – velocity & pressure





CFD of MRA



CFD of CTA



ž







perfusion angiography







subtle features of ICAD







Tmax delays (dynamic CBV) of ICAD





ASL of ICAD



Udla



 from profusion of imaging features in ICAD extending beyond stenosis to perfusion of brain at-risk – potential to refocus therapeutic efforts on causal mechanisms rather than markers of disease such as degree of luminal stenosis

