

# INSTOR

Interventional Stroke Therapy Outcomes Registry

[strokeregistry.org](http://strokeregistry.org)

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# Disclaimers

Co-author with registry mandates

- **American Stroke Association**

- ASA Metrics for Measuring Quality of Care in Comprehensive Stroke Centers
- ASA Guidelines for the Early Management of Patients with Acute Ischemic Stroke
- ASA Recommendations for Imaging of Acute Ischemic Stroke

- **SVIN, SNIS, SIR, ASNR, Europe, Canada, etc**

- Multisociety Consensus Quality Improvement Guidelines for Intra-arterial Catheter-directed Treatment of Acute Ischemic Stroke

- **Brain Attack Coalition**

- Recommendations for Comprehensive Stroke Centers

- Founder of NeuroVascular Research Foundation and Medical Director of **INSTOR®**: **IN**terventional **S**troke **T**herapy **O**utcomes **R**egistry

**Welcome to the world of  
modern Healthcare**



# **THE DATA DUMP**

**THIS WEEK'S LOOK AT DATA NEWS  
FROM AROUND THE UNIVERSE**

***“You Can’t Improve what  
you Don’t Measure”***

***Lord Kelvin – variation of original***  
*Toyota – modern quote*

# Mandatory Data Fulfillment

➤ **INSTOR** is the ONLY registry that fulfills ALL data requirements/analysis for ALL emergency stroke situations from:

➤ **Joint Commission**

- Acute ischemic stroke
- Subarachnoid hemorrhage
- Intracerebral hemorrhage
- Intraventricular hemorrhage
- TIA

➤ **American Stroke Association**

- Metrics for Comprehensive Stroke Centers

➤ **Multisociety Consensus Quality Improvement Guidelines**

- SVIN, SNIS, SIR, ASNR, SCAI, CIRSE, ESMINT

# Point of Service data collection

## *Like STEMI*

- By a limited team of people (nurses !!) who do this 24/7/365
  - *Preferably from the stroke floor*
  - *They are consistent experts*
  - *Can cover all inpatient and outpatient strokes*
- *They Can help coordinate and document the entire process*
- *Already in-house and on the payroll!!*
  - *And Can enter the data immediately after!!*
    - *Or get their assistant/secretary to do so*

This one sheet is 90%  
of all mandatory data  
needed for a complete  
endovascular stroke  
patient for **INSTOR**

IV tPA patients and  
stroke alerts are faster  
and shorter

PT. ID. \_\_\_\_\_ AGE \_\_\_\_\_ Wt. \_\_\_\_\_ M F

NIHSS \_\_\_\_\_ Baseline mRS \_\_\_\_\_ Hand. - Lt Rt

ICH Score \_\_\_\_\_ Hunt and Hess Score \_\_\_\_\_

### TIMES (WHEN):

Stroke Onset \_\_\_\_\_  
Pt arrival \_\_\_\_\_  
How EMS Priv. Transfer  
Stroke Alert \_\_\_\_\_  
ED MD arrived \_\_\_\_\_  
Who \_\_\_\_\_  
Neuroresponder arrive \_\_\_\_\_  
Who \_\_\_\_\_  
Neurologist Arrive \_\_\_\_\_  
Who \_\_\_\_\_  
CT/MR ordered \_\_\_\_\_  
CT/MR done \_\_\_\_\_  
CT/MR read \_\_\_\_\_  
NIHSS done \_\_\_\_\_  
Labs back \_\_\_\_\_  
IV TPA ordered \_\_\_\_\_  
IV TPA started \_\_\_\_\_  
Interventionist arrive \_\_\_\_\_  
Who \_\_\_\_\_  
Angio team arrive \_\_\_\_\_  
Patient arrive Angio \_\_\_\_\_  
Patient on table \_\_\_\_\_  
IA puncture \_\_\_\_\_  
First Run \_\_\_\_\_  
Catheter in brain \_\_\_\_\_  
TICI 2a \_\_\_\_\_  
TICI 2b \_\_\_\_\_  
Final TICI & Time \_\_\_\_\_

### Clinical Factors

#### Comorbidities

A-fib  
PVD  
HTN  
Diabetes  
Cancer  
Coronary artery disease  
Prior M.I.  
Smoker  
Prev. stroke  
Alcohol/drugs  
Migraine  
Carotid Stenosis

#### TPA EXCLUSIONS

Bleed on CT  
Rapidly improving  
Active GI bleed  
BP problems (>185/100)  
Hist: ICH, AVM, tumor, aneurysm  
Recent LP  
Large stroke on CT; Too late  
Glucose >400; <50  
Pregnant  
INR  
Other \_\_\_\_\_

#### EVT Exclusions

No large vessel occlusion  
Minor symptoms  
Too late  
Consent issues  
Anatomy  
OTHER \_\_\_\_\_

#### LABS

INR \_\_\_\_\_ Gluc \_\_\_\_\_ Hct/Hgb \_\_\_\_\_  
Platelets \_\_\_\_\_ Cr \_\_\_\_\_

**OTHER per Stroke Center**

# How long does using **INSTOR** take?

- 10 minutes for a complete stroke alert case
- 15 minutes for a complete IV tPA case
- 30 minutes for a complete EVT case
- Follow-up phone calls are short and ?????

**3-8 hours/week for a CSC**

*(ZERO) hours needed for analysis*

# Point and click !

23. For outpatient or transfer stroke - Time of arrival at treating hospital (within 5 minutes)

Date: 10/1/2014

Time: 9:00 AM



24. How did patient arrive?

☒ EMS

☐ Personal transport

☐ Transfer from another institution

26. Time stroke alert called (within 5 minutes)

Date: 10/1/2014

Time: 9:05 AM

*Might be same as time of stroke onset if observed.*

27. Time ED MD arrived

Date:

Time:

☒ Don't know

28. Name of ED MD

Don't know



29. Time neurology answered call

Date:

Time:

☒ N/A

30. Time neurologist arrived

Date: 10/1/2014

Time: 9:15 AM

# What does INSTOR mean for a stroke coordinator?

- Data Analysis is instantaneous (over 300 reports); no time is needed to prepare for monthly QA meetings
  - *“40% of my time was spent collecting data and entering into Excel”*
- From a sample INSTOR site.....
  - *“Four days a week were spent collecting and analyzing data... So I stopped....”*
  - *“Now I spend 4-hours a month on all this data stuff”*
  - *“INSTOR does all the rest, automatically”*

# Data is supposed to be useful

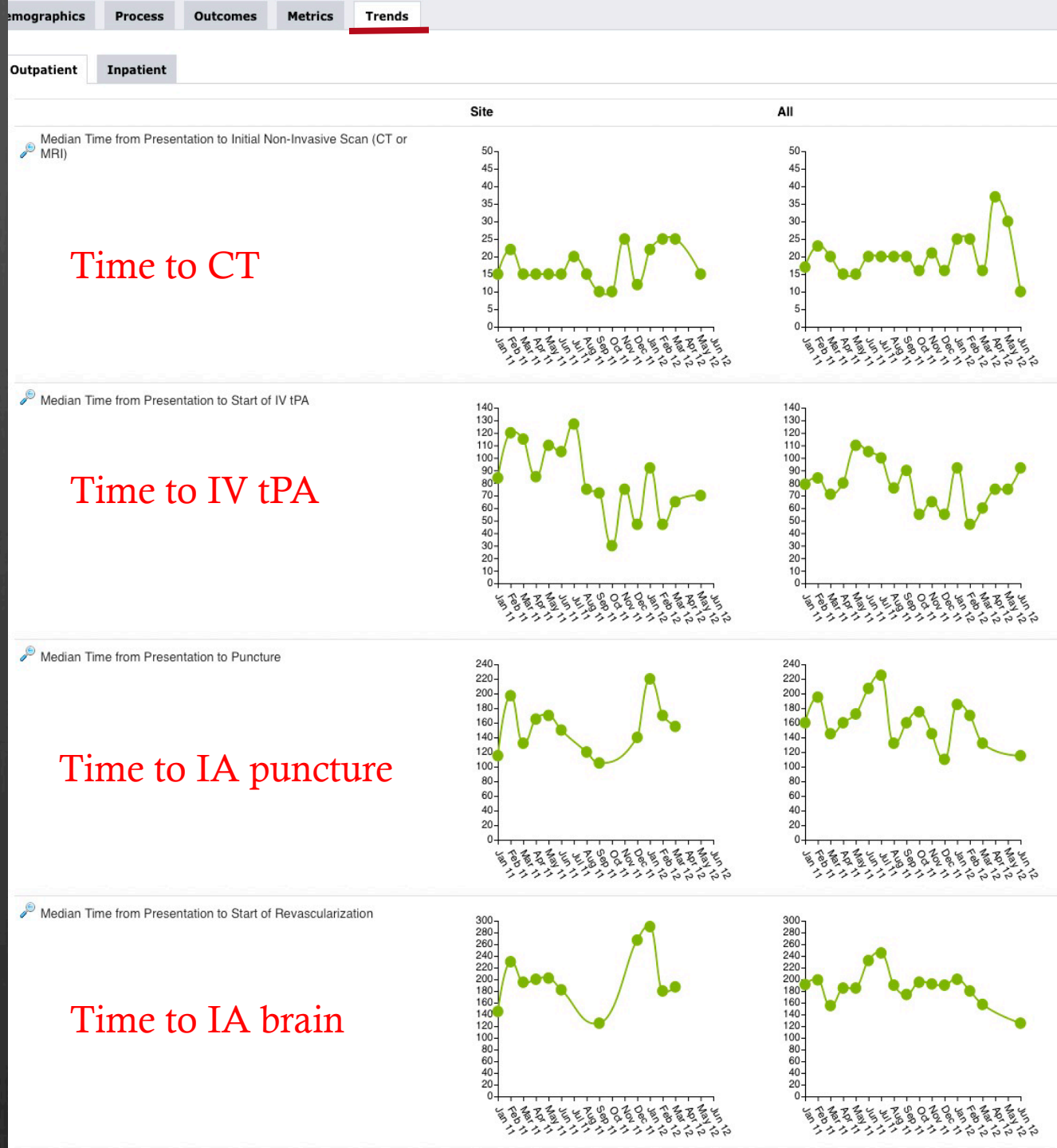
Those are good numbers.  
Don't just throw them away.



# Quotes from Stroke coordinators who uses P.O.S and INSTOR

- “Here at our stroke center, we have found this method to be *less labor intensive, less time consuming and less expensive* than any other form of data analysis or stroke registry”

# Mandatory Joint Commission Data (plotted as Trend lines): Automatically and instantly

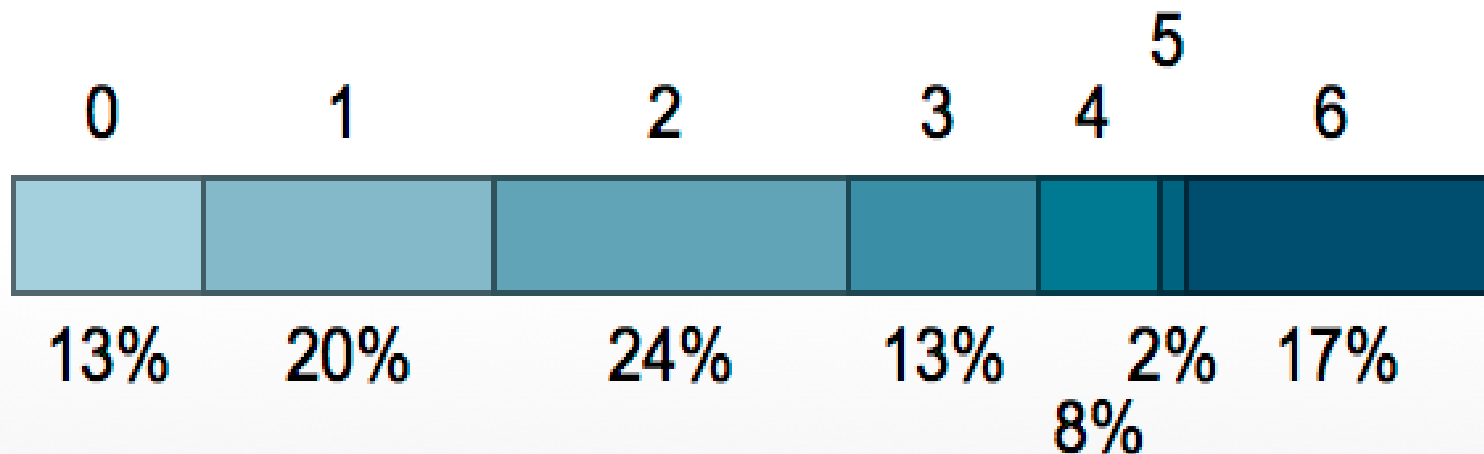


Only **INSTOR** can do this

Repeat slide

# *(your)* Real-World Clinical Outcomes

## IV + IA



Only **INSTOR** can do this

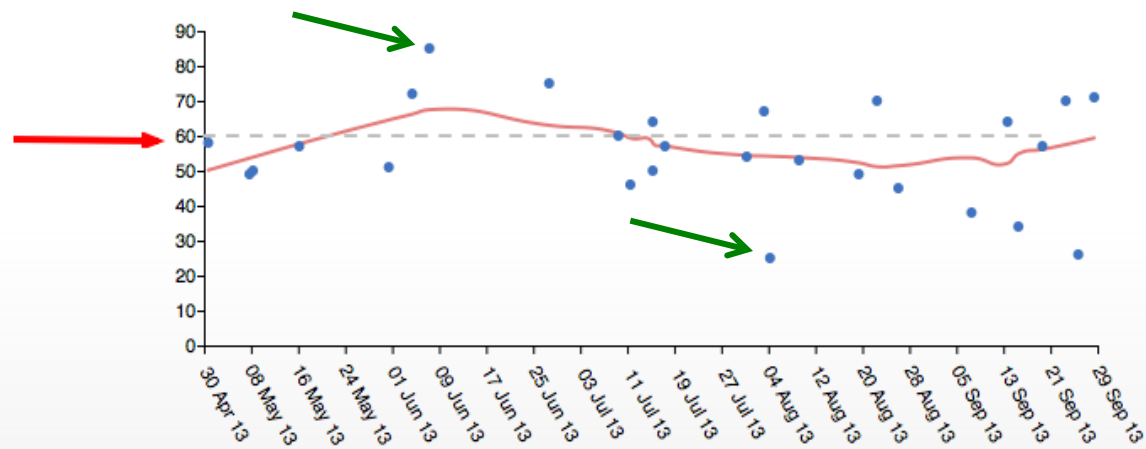
Repeat slide

# POS data collection and Instant computerized analysis

*Each DOT is an Individual patient*

Current Trend for Arrival to IVtPA Started  
Displayed Data is for the past 30 patients

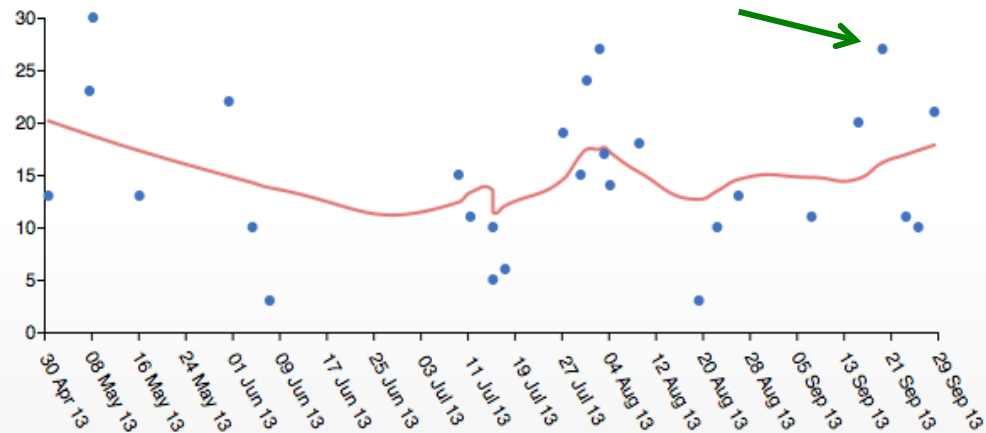
**Door to tPA**



Current Trend for IV tPA Ordered to IVtPA Started  
Displayed Data is for the past 30 patients

**CT read to tPA order:**

*How long to make a  
**DECISION!***



Only **INSTOR** can do this

Repeat slide

Click on a  
DOT, get

Patient  
Summary

And

Patient Timeline

## Patient Summary - 13-186-R

This patient had both treatments and there are no validation errors.

Patient type	Ischemic Stroke - Outpatient
Patient given IV tPA treatment	Yes
Patient given endovascular treatment	Yes
ED MD	Don't know
Neurologist	RG2011
Code Stroke Responder	elli1
Interventionist	MA2011
Comments	<input type="text"/>

No name, race, address or other identifiable information allowed. Clinical information only.

Final Diagnosis

Save

### Dates

Time of stroke onset	2013-10-21 - 11:00 AM	✓
Time of presentation/arrival	2013-10-21 - 11:26 AM	✓
Time of CT/MRI	2013-10-21 - 11:36 AM	✓
Time of IV tPA	2013-10-21 - 12:01 PM	✓
Time of puncture	2013-10-21 - 12:32 PM	✓
Time of start of EVT	2013-10-21 - 12:54 PM	✓

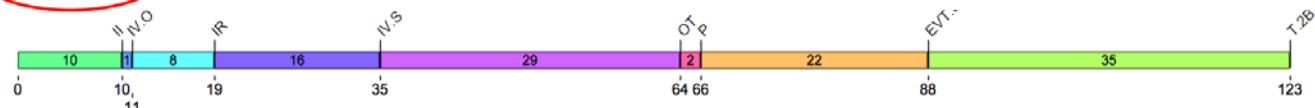
### Intervals

Time from onset to presentation/arrival	26 minutes	✓
Time from arrival to CT/MRI	10 minutes	✓
Time from arrival to CT/MRI read	19 minutes	✓
Time from arrival to IV tPA ordered	11 minutes	✓
Time from arrival to IV tPA started	35 minutes	✓
Time from arrival to puncture	1 hour, 6 minutes	✓
Time from arrival to start of EVT	1 hour, 28 minutes	✓
Time from CT/MRI to IV tPA	25 minutes	✓
Time from CT/MRI to start of EVT	1 hour, 18 minutes	✓

### Other

NIHSS Score	19
Calculated Thrive Score	5
mRS Score Prior To Event	1 - No significant disability despite symptoms: able to carry out all usual duties and activities
mRS Score After 3 Months	Not answered
Post Stroke mRS Decline	Cannot be calculated
Was anesthesia used	No
Beginning TIC1	TIC1 0 - Complete obstruction. No flow past the obstruction of a "Major" vessel as defined above
Ending TIC1	TIC1 3b - Complete and normal filling of all territories; a completely normal cerebral angiogram

### Patient Timeline



Only **INSTOR** can do this

Repeat slide

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ED MD	Don't know
Neurologist	RG2011
Code Stroke Responder	elli1
Interventionist	MA2011
Comments	<div>PATIENT VOMITED</div> <div>No name, race, address or other identifiable information allowed. Clinical information only.</div>
Final Diagnosis	<div>Basilar occlusion</div> <div>Save</div>

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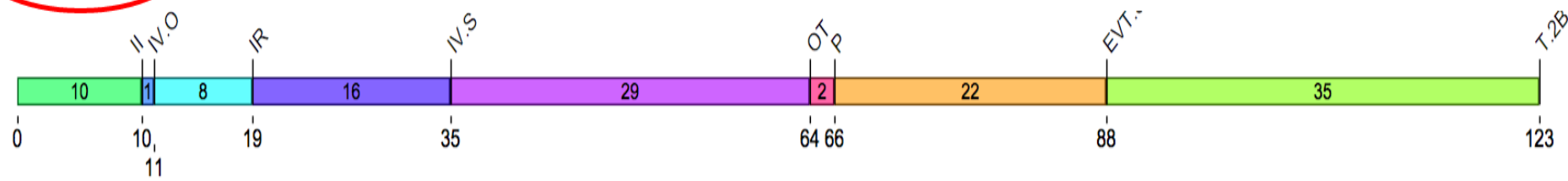
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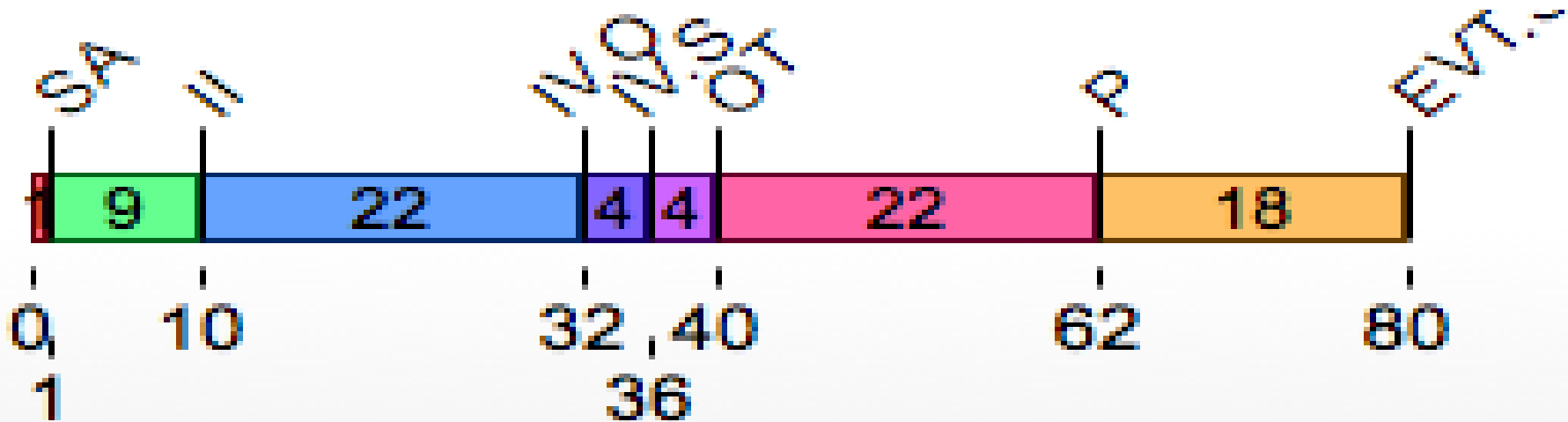
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Was anesthesia used	No
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Ending TICl	TICl 3b - Complete and normal filling of all territories; a completely normal cerebral angiogram

## Patient Timeline



# Individual patient timeline



- SA = Stroke alert
- II = Initial Imaging
- IV O = IV TPA Ordered
- IV S = TPA Started
- O.T = On Angio Table
- P = Puncture
- EVT = beginning of endovascular therapy (catheter in brain)

Only **INSTOR** can do this

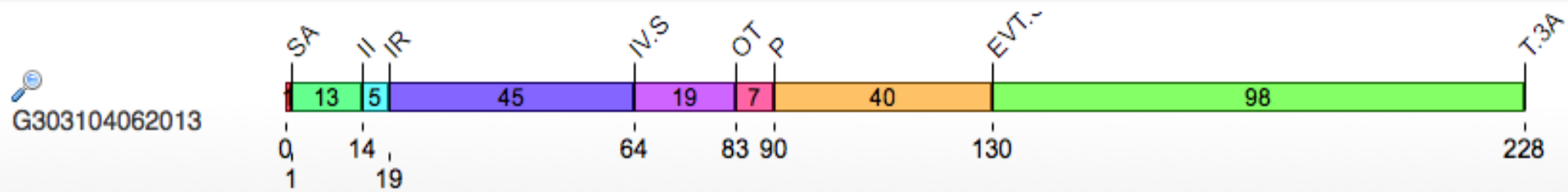
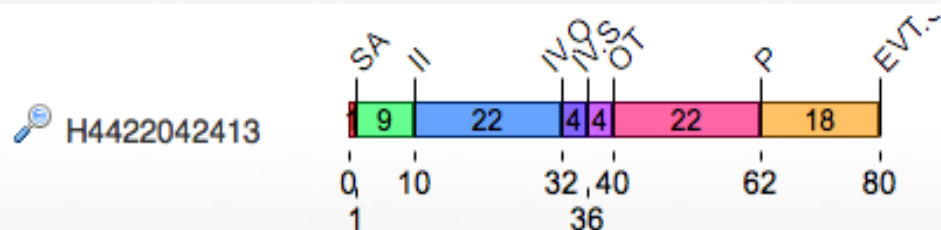
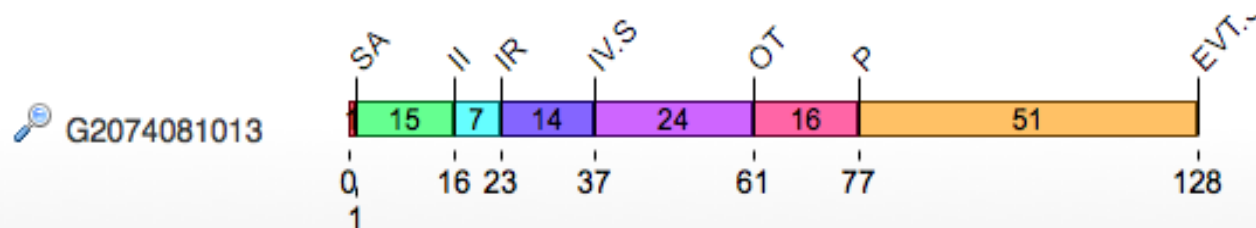
Repeat slide

# A real data analysis program

## *Ever seen this?*

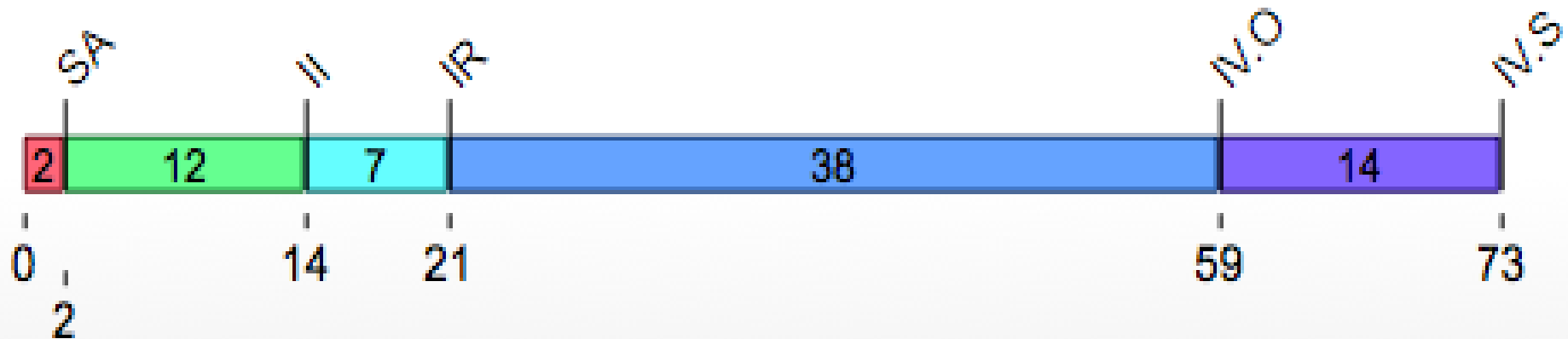
### All Major Intervals for Last 10 EVT Patients

SA = Stroke Alert, II = Initial Imaging, IR = Imaging Read, IV.O = Order IV, IV.S = Start IV, OT = On Table, P = Puncture, EVT.S = Start EVT,



# IV TPA Case

*Where is the delays?*



# IV TPA Case

*Where is the delays?*



**Time to make a decision: 38 minutes**



Percentage of acute stroke Outpatients that have IV tPA administered within 60 minutes from time of arrival.



Actual percentage treated within 60 minutes each month

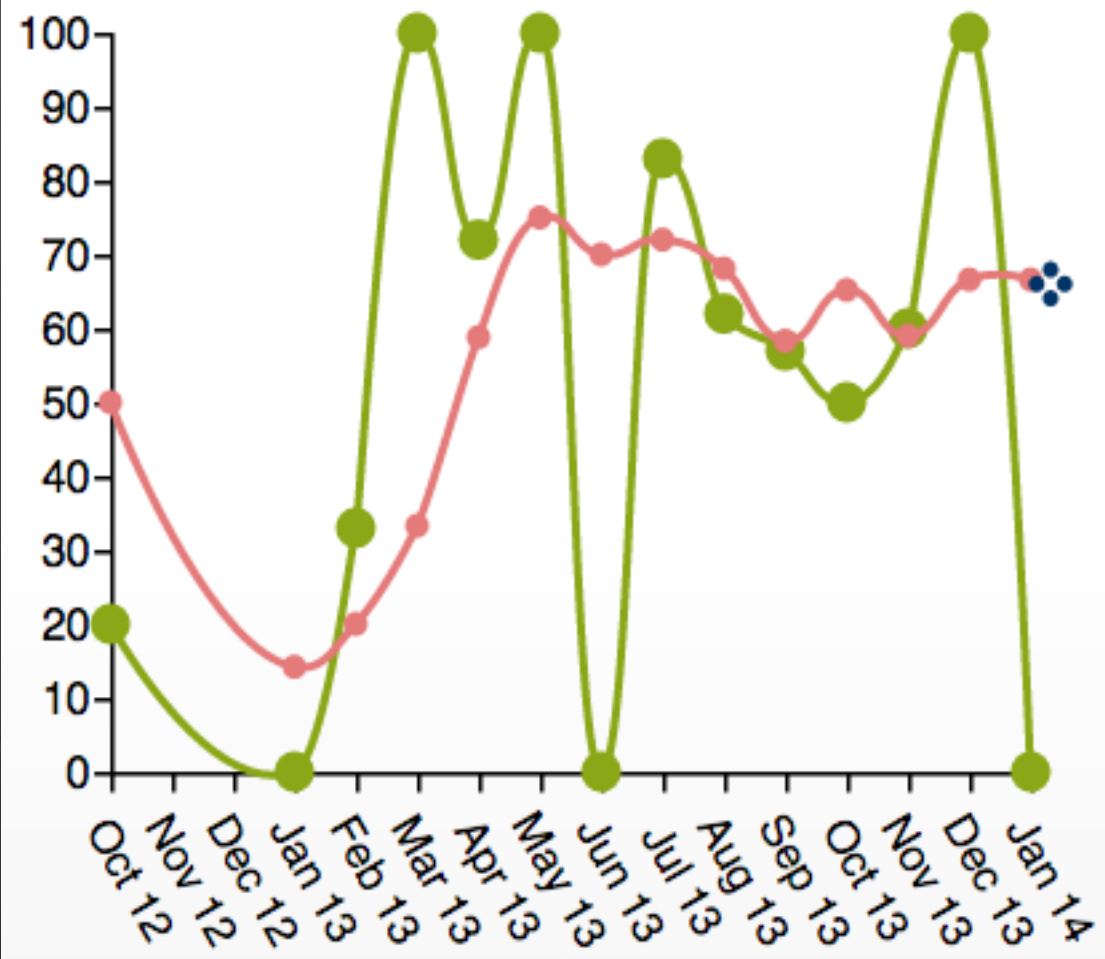


Weighted Moving average of performance over time



Percentage of all patients in the last year treated within 60 minutes

Door To TPA




Only **INSTOR** can do this

Repeat slide

# Useful functions

“*Sort by*” and “*Filter By*”: date, stroke type...

 All Dates **Filter By:** All Patients **Sort By:** Arrival Date

## Filter by:

### ◆ Mode of arrival

- ◆ EMS
- ◆ Personal
- ◆ Transfer

ALL SICH

All early deaths

*Endovascular  
complications*

### ◆ Wake-up

### ◆ Drip and ship

### ◆ Type of treatment:

- ◆ IV only
- ◆ EVT (IA)
- ◆ IV + EVT

### Type of stroke event:

Mimic or TIA

Stroke

Intracerebral Hemorrhage

Sub Arachnoid Hemorrhage

Isolated intraventricular hemorrhage

Only **INSTOR** can do this

Repeat slide

# INSTOR

Fast, Easy and Powerful

**STROKEREGISTRY.ORG**

*First and Oldest stroke registry  
in the world*

Thank you!

# Thank you!

*And your team will Thank You!*